



# Wellbeing at Work Awards

**ONE YOU** PLYMOUTH

- 6 months access to the premium features
- FREE Nicotine Replacement or a vape\* delivered to your door
- 24/7 access to live advisors for support when you need it.

**FREE SUPPORT to quit smoking**

**ONE YOU PLYMOUTH Livewell Southwest PLYMOUTH CITY COUNCIL**

### Free Stop Smoking Offer for Plymouth

If you are a tobacco smoker, download the Smoke Free app for:

- 6 months access to the premium features
- FREE Nicotine Replacement or a vape\* delivered to your door
- 24/7 access to live advisors for support when you need it

Download the app now by scanning the QR code or using the following link:  
<https://link.smokefreeapp.com/oneyouplymouth>

Need help? Email us at: [support@smokefreeapp.com](mailto:support@smokefreeapp.com)

\*Must be over 18 to be eligible for a vape

The One You Plymouth Service is commissioned and supported by Plymouth City Council

Funded by UK Government

Smoke Free  
smokefreeapp.com



Smoke Free One You Plymouth App



Smokefree Devon App



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